

# Principal's News

JAN. 3, 2023

## A MESSAGE FROM DR. THERESA THAO-YANG

### HERE'S TO 2023!

When I look back at 2022, there were many wonderful memories as well as lessons learned. As we move forward, and although things may not go as planned at times, I love that the new year is a time to reflect, to improve, and to continue growing, learning, and loving. I'm excited to see what 2023 will bring—friendships, adventures, inspiration—endless possibilities. What are you excited for in 2023?



### REMINDERS...

As we return to school, some important reminders:

- For early pick-up or a change in transportation, please call the office by 3:15; otherwise, the change will not happen or you will have to wait in the office until dismissal;
- Please do not park in the fire lane when picking up students at the end of the day. Please park on the side streets, then come into the gym.
- For student drop off, please walk your child to the main office doors/foyer then have them walk to class by themselves. This helps your child gain a sense of independence.
- Please send snow pants and boots with your child every day. Students go outside for recess everyday, unless the weather is -10.

# MESSAGE FROM THE HEALTH OFFICE

Happy New Year! I hope everyone had a healthy and restful break.

Here are some reminders from the health office:



If your child is exhibiting signs of illness: fever (temperature over 100.4), vomiting, or diarrhea, please keep them home until they are symptom free (without medication) for 24 hours. Your child will be sent home from school if they have any of the above symptoms or if they are showing other illness symptoms that are making it difficult for them to continue to participate in class. Please make sure that contact information is up to date so that school staff can reach you if your child becomes ill during the day. Also consider listing family members or close friends as emergency contacts in the event we are unable to reach you during the school day.

It is district policy that students participate in outdoor recess except when the wind chill is expected to be -10 below Zero. Please send your students with appropriate winter gear for playing outside. This includes snow pants, winter boots, heavy jacket, gloves or mittens, hat and possibly a scarf. You may want to consider labeling your student's belongings with their name to assist in returning lost belongings to the correct student.

Lastly, the school lost and found is overflowing. Please stop by and check the bins to see if any of the items belong to your student.

Stay warm and stay healthy!

Liberty Belter, RN, LSN

## UNIVERSITY OF MN PARKS STUDY

We were contacted by the University of Minnesota PARKS Study, who's working with the Minneapolis and St. Paul Park System, to help families use their local park and recreation center and its programs to help their children participate in more physical activity. You can find more information about this at [UMN PARKS Study](#).


## SAVE THE DATES!


- Mon., Jan. 9 - PTO Meeting.
- Mon., Jan. 16 - No School. MLK Holiday.
- Fri., Jan. 27 - No School. Teacher PD Day.



## ABOUT US

- Our school is based on the Montessori method: students learn at their own pace in multi-grade classrooms, independently cultivating their interests and natural abilities. Teachers help students choose their work in carefully prepared, peaceful environments; students use beautifully designed hands-on materials to practice and understand skills and concepts. Teachers are Montessori certified and use the Montessori philosophy to guide instruction.

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